



# PARISH BULLETIN

HOLY ARCHANGHEL MICHAEL'S ROMANIAN ORTHODOX CHURCH

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## Twelfth Sunday After Pentecost

### Troparion (Resurrection), Tone 3

*Let the Heavens rejoice; let earthly things be glad; for the Lord hath wrought might with His arm, He hath trampled upon death by death. The first-born of the dead hath He become. From the belly of Hades hath He delivered us, and hath granted great mercy to the world.*

### Kontakion, Tone 4

*In your holy birth, Immaculate One, Joachim and Anna were rid of the shame of childlessness; Adam and Eve of the corruption of death. And so your people, free of the guilt of their sins, celebrate*

*crying: "The barren one gives birth to the Theotokos, who nourishes our life."*

### **Prokeimenon. Mode 4. Psalm 67.35,26**

God is wonderful among his saints.  
Verse: Bless God in the congregations.

The reading is from St. Paul's Letter to the  
Ephesians 6:10-17

Brethren, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we are not contending against flesh and blood, but against the principalities, against the powers, against the world rulers of this present darkness, against the spiritual hosts of wickedness in the heavenly places. Therefore take the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. Stand, therefore, having girded your loins with truth, and having put on the breastplate of righteousness, and

having shod your feet with the equipment of the gospel of peace; besides all these, taking the shield of faith, with which you can quench all the flaming darts of the evil one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God.



### **The Gospel According to Matthew 19: 16 - 26**

At that time, a young man came up to Jesus, kneeling and saying, "Good Teacher, what good deed must I do, to have eternal life?" And he said to him, "Why do you call me good? One there is who is good. If you would enter life, keep the commandments." He said to him, "Which?" And Jesus said, "You shall not kill, You shall not commit adultery, You shall not steal, You shall not bear false witness, Honor your father and mother, and You shall love your neighbor as yourself." The young man said to him, "All these I have observed; what do I still lack?" Jesus said to him, "If you would be perfect, go, sell what you possess and give to the poor, and you

will have treasure in heaven; and come, follow me." When the young man heard this he went away sorrowful; for he had great possessions.

And Jesus said to his disciples, "Truly, I say to you, it will be hard for a rich man to enter the kingdom of heaven. Again I tell you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God." When the disciples heard this they were greatly astonished, saying, "Who then can be saved?" But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible."



### **Word of the week**

### **The Spiritual Life and How to be attuned to it**

**by St. Theophan the Recluse**

What exactly happened to us as a result of the transgression of our forebears? Our nature remained the same, the parts and forces of our substance remained the same, with the same laws and needs. *Our consciousness, however, did not freely set out in the same direction.* **The passions disturbed the mutual correlation of our parts and forces, and, by violating their original order, introduced disorder into the**

overall activity and life of man, engendering from themselves a special class of destructive forces. **These passions are not natural to us,** but have such power as to control all of our forces as it suits them. That is what happened.

God created man to be happy namely in Him, through living interaction with Him. For this, He breathed into his face the breath of His life, that is, the spirit, as has been mentioned already. **The essential attribute of the spirit are consciousness and freedom,** while the essential movements of it are confession of God the Creator, Providence and Requirer; with a feeling of complete dependence upon Him; a feeling that everything is expressed with a loving view towards God, in unceasing attention to Him and reverential fear before Him; with the desire to create always that which is pleasing before Him in accordance with the statutes of the conscience; and with renunciation of everything, in order to taste the One God and to live and rejoice with Him alone. **Man has been given consciousness and freedom in the spirit,** not so that he may become conceited and do as he pleases, but so that, **having acknowledged that everything he has is from God, he may live in God, and freely and consciously head toward the one goal.** When he is so disposed then he abides in God, and

God abides in him. **When God abides in a man, He gives his spirit the power to control the soul and body,** and also everything that is outside of him. This was the original condition of man.

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In a person who has lived for some time, almost everything is done by habit...So it is that the life which has been established demands acts corresponding to itself. As these acts repeat themselves often, it is natural that they become habits, ways and rules of life and character. **The way of life of a particular person is established from the sum total of all habits, rules and procedures of this type, in such a manner that the way of his thinking and his outlook are made up of this sum total of preestablished notions.** Knowing someone's way of life, it is possible to guess what he is thinking at any given time, and how he will act in given situations.





## Liturgical Schedule for this week

<b>Monday</b> <i>August, 28</i>	<b>6:00pm</b>	<b>Vespers with Litia</b>
<b>Tuesday</b> <i>August, 29</i>	<b>8:30am</b>	<b>Divine Liturgy for Beheading of Prophet and Baptis John</b>
<b>Wednesday</b> <i>August, 30</i>	<b>6:00pm</b>	<b>Paraklesis of Theotokos</b>
<b>Saturday</b> <i>September, 2</i>	<b>8:30am</b> <b>6:00pm</b>	<b>Divine Liturgy</b> <b>Vespers</b>
<b>Sunday</b> <i>September, 3</i>	<b>8:30am</b> <b>9:30am</b>	<b>Matins</b> <b>Divine Liturgy</b>

### Announcements:

- **Happy Birthday** for Henrietta Panu, August 29
- **Happy Name** days for Alexandra Nasto and Alexandra Malisory on the day when we celebrate St. Alexander, August 30 and for Symeon for St. Simeon Stylite, September 1.
- **Pilgrimage 8-10 October.** Please sign in. We need some time in advance to book the rooms at the monasteries. Accommodation and food at the monasteries are free.
- **Bazaar products for sales** - hand made are displayed in the Hall.
- **Coffee hours** sponsored by Spiro and Debbie Thomo.

