



Saint Michael's Romanian Orthodox Church

Southbridge, Massachusetts
www.stmichaelorthodox.com

August 2021



LITURGICAL SCHEDULE

Saturday

9:00am Divine Liturgy
10:00am Memorial Service
5:00pm Vespers

Sunday

8:30am Matins
9:30am Divine Liturgy

Wednesday

6:00pm Paraklesis

Feast days

August 1st - 15th – Dormition Fast

August 5th – St. John the Hozevite

August 6th – Holy Transfiguration

August 7th – St. Theodora of Sihla

August 15th – Dormition of Our
Most Holy Lady the Theotokos

August 16th – Holy Martyr
Constantin Brancoveanu and his
four sons, Constantin, Stefan, Radu,
and Matei, and his counselor
Ianache

August 21st – Apostle Thaddeus

August 29th – Beheading of St.
John the Baptist (Strict Fast)

The Most Glorious Dormition of Our Most Holy Theotokos

The Feast of the Dormition of Our Most Holy Lady, the Theotokos and Ever-Virgin Mary is celebrated on August 15 each year. The Feast commemorates the repose (dormition and in the Greek *kimisis*) or "falling-asleep" of the Mother of Jesus Christ, our Lord. The Feast also commemorates the translation or assumption into heaven of the body of the Theotokos. The Holy Scriptures tell us that when our Lord was dying on the Cross, He saw His mother and His disciple John and said to the Virgin Mary, "Woman, behold your son!" and to John, "Behold your mother!" (John 19:25-27). From that hour, the Apostle took care of the Theotokos in his own home. Along with the biblical reference in Acts 1:14 that confirms that the Virgin Mary was with the Holy Apostles on the day of Pentecost, the tradition of the Church holds that she remained in the home of the Apostle John in Jerusalem, continuing a ministry in word and deed. At the time of her death, the disciples of our Lord who were preaching throughout the world returned to Jerusalem to see the Theotokos. Except for the Apostle Thomas, all of them including the Apostle Paul were gathered together at her bedside. At the moment of her death, Jesus Christ himself descended and carried her soul into heaven. Following her repose, the body of the Theotokos was taken in procession and laid in a tomb near the Garden of Gethsemane. When the Apostle Thomas arrived three days after her repose and desired to see her body, the tomb was found to be empty. The bodily assumption of the Theotokos was confirmed by the message of an angel and by her appearance to the Apostles.

Saint Michael's Romanian Orthodox Church
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Website: www.StmichaelOrthodox.com
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2021 Parish Council

President: Luke Yanka
Vice President: Spiro Thomo
Secretary: Debby Thomo
Treasury: Paul Yanka

2021 Ladies Society Committee

President: Alexandra Nasto
Vice President: Louise Boilard
Secretary: Debbie Thomo
Treasurer: Mary Andreea

Clergy

Fr. John Downie fr.john_downie71@yahoo.com

Parish News & Events

Happy Birthday!!

God Grant You Many More Years!!

August 4th – Anastasia Kelly
August 7th – Vasi
August 8th – Ioanna Pitsillides
August 10th – Charles Panu
August 12th – Louise Boillard
August 17th – Costa Penna
August 21st – Yannis Penna
August 22nd – Mary Grabosky
August 29th – Henrietta Panu

Please Pray for:

Joy and George
Elpiniki-Sophia
(health)
David (health)
Spiro and Kristina
Kelly (travels)
Loukas
Mary
Paul

Happy Name Day

August 7th – St. Theodora –
Theodora Railean
August 15th – Dormition of the
Theotokos – Mary Dowling,
Mary Andreea, Maria Mironidis,
Mary Grabosky, Maria
Rapsomanikis

Bible Study on the Book of Revelation

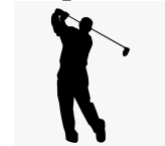
Wednesdays at 7pm on Zoom. Please contact Fr. John for the link. The first Wednesday of each month is for the Archdiocese and the other Wednesdays are for the parish.

**Feast Day Vespers at St. Mary's Albanian Church
in Worcester**

Saturday, August 14, 6pm
Divine Liturgy Sunday, August 15, 10am

**13th Annual Romanian Golf
Tournament**

Saturday, September 11th, 2021
12pm Shotgun Start
Cohasse Country Club in
Southbridge
18-Hole 4-Man Scramble
\$120/golfer (dinner included)
\$480/foursome
Hole Sponsorship \$100/hole
Dinner only (if not playing
\$25/person



~ Movie & Book Corner ~



Movie: *The Shepherd*

This is the story of a kind shepherd who had dinner with Jesus himself.

Book: *Philokalia Volume 5*



The Philokalia, which means “the love of the good and beautiful”, was compiled by St. Nikodemos of the Holy Mountain and St. Makarios of Corinth and first published in Greek in 1782 as an anthology of classic spiritual texts ranging from the 4th to the 15th century. Its rich assortment of edifying literature provides boundless wisdom and guidance regarding prayer, the soul’s ascent to God through grace by its natural “love for beauty”, and its struggle to overcome its own passions and fragmentation. The fifth and final volume explores the central themes of the 14th century Orthodox theology of Hesychasm, relating to the life of stillness, the practice of the Jesus Prayer, and the contemplation and experience of God. It includes an Exact Rule and Method for Hesychasts, Angelikoudes’ Chapters, full of mystical devotions and meditations on God and man, as well as the profoundly philosophical work *On Union with God and the Contemplative Life*. Lastly, it concludes with exhortations for all Christians to pray unceasingly, in accordance with St. Paul’s injunction to “pray without ceasing” (1 Thess. 5:17), and the Lord’s declaration, “Be still and know that I am God” (Ps. 45:11).

President's Corner

Hey guys!!! It has been a long time since we have had a chance to talk! Hope everyone is staying healthy and that you are starting to resume your regular daily lives! At Saint Michael's we have been so excited to see everyone back in church, and thanks be to God, we have more people in church now than we did before the pandemic! It was a wild and crazy last 18 months and we are so grateful to everyone who supported our church, whether it be through volunteering your time, financial assistance, praying, or all the above! We have so many people to thank in our parish community as well as those outside our community. Glory to God, we have found ourselves in a better financial position than we were in over 12 months ago, and many thanks go to Father John & Preoteasa Camelia, as well our parish council and their leadership. Particularly want to recognize Spiro and Deb Thomo for their work in helping clean the church, and Paul Yanka for keeping us financially sound. Also, I wanted to give a special shoutout to the Mironidis family who kept all services running during the pandemic through cantering and the live streaming of the services. There are too many people to thank, but you all know who you are! As we enter the post-Covid world, we are excited to begin our events and welcome more new families into the community. We had a great family BBQ on July 25th and are looking forward to our Golf Tournament (9/11) and our other events like the Chicken BBQ and Turkey Party. His Eminence Metropolitan Nicolae will also be joining us on November 7th for our banquet. In closing, I want you to remember something Father John said at the beginning of the pandemic (and I am paraphrasing so forgive me), where he said, "It is better to live your life unafraid and trusting in Christ, than to die hiding in fear." God Bless you all and we will see you soon!

"Just as the blessings of God are unutterably great, so their acquisition requires much hardship and toil undertaken with hope and faith."

~St. Macarius the Great

—Luke Yanka
Parish Council President



How can we heal our depression? Mother Siluana Vlad

Unfortunately, it's very hard! If I were young again, I think I would become a psychiatrist. There will be more and more people suffering from depression, because we don't follow God's commandments anymore. But God is merciful and He will be with us to the end of time, as He promised to us. Seeing that man prefers the hell of pride and self-will, God teaches us through St. Siluan: "Keep your mind in hell and despair not!" This is a difficult saying that I am not capable of understanding or talking about, but God gave me the strength to simply do what it says. When I feel despair, I say: "God, you see that I do not want to despair!" I really say these words. And I stay in the pain that pushed me to despair, and I live this pain until it's over. Sometimes it's so hard that it feels like death. Many times, unfortunately, I express it in ways that hurt those around me, but I do not despair. This is the only way I know to not fall into despair when you are afflicted by a pain that you think you cannot bear, or that it's not fair to bear: to live that pain. Does it hurt? Then cry out, but live in a way which says: "Be angry, but do not sin!" Cry, write it down, shout to God, punch a pillow or a boxing bag, if you are the punching kind. You don't know how much it helps. But don't imagine that you are punching the person who has hurt you, but instead eliminate your excess of energy. Cry your pain in front of God, in God's house, in God's language! Make

use of the Psalter. The Psalter gives name to all your pain and fear, it soothes you, it 'argues' for you with God, it makes peace with God for you. The Psalter will help you not choose depression as a solution. Because depression is our choice. Sometimes it is a very good choice, made by that deep part of us which doesn't want to let us live a frivolous, fake life, far from our true self and from the yearning in our heart.

But there are also depressions inherited from our parents or from the world we grew up in. Nowadays we are much more fragile. Today's children, today's youth, today's people are much more fragile:

they get tired easily, they get depressed easily. Why? The burden carried by these children is much heavier than

"The Psalter will help you not choose depression as a solution. Because depression is our choice."

our own. I was born in a village where people went to confession. Even once a year for Easter, or maybe four times a year, they confessed and they took Communion. Today's children are born of parents who were not allowed to go to Church, and who did not desire to go to Church. And as a consequence, they do not believe in God. I know many children who come back into the Church, and their parents stop them or make their lives hard. And those sins, which were not lifted by God through confession, weigh down on these children. They weigh down on them like an inherited illness, like a curse, but not like a punishment, because God doesn't punish you for the sins of your parents. But if one of your parents had tuberculosis, what do you think you'll

inherit? Blue eyes? Even so, that illness is not your fault. It is your fault if you do not seek treatment. It is your fault if you do not rise against the illness to seek healing. If, instead of revolting against your parents and judging them, you run to God, you'll see how quickly you'll find healing!

Many people are depressed because of their passions. Sloth or laziness leads to depression. A smart lazy person will get depressed. When he gets depressed, he goes to the hospital, and his Mom comes running there with good food and pampers him. Yes? I got depressed when I was young because of laziness. I was too "lazy" to become a member of the party. They had forced me to be a member...it was horrible. So, I thought maybe it's better to pretend I'm crazy. And I stayed in a psychiatric hospital for around three months, but then I got bored, because it was Spring, and I told the doctor: "Doctor, you know, I only pretended to be sick." And he said: "I know, Miss, that's why I've kept you in the hospital and treated you, because healthy persons don't pretend they are sick." So we are a bit crazy when we pretend we are crazy or depressed. But these psychological illnesses belong to our family. Today, families are sick, and because of that, more and more people have psychological sicknesses. Have the courage to accept your sickness, to face it in your life and in your home. The sickness cannot be treated and healed

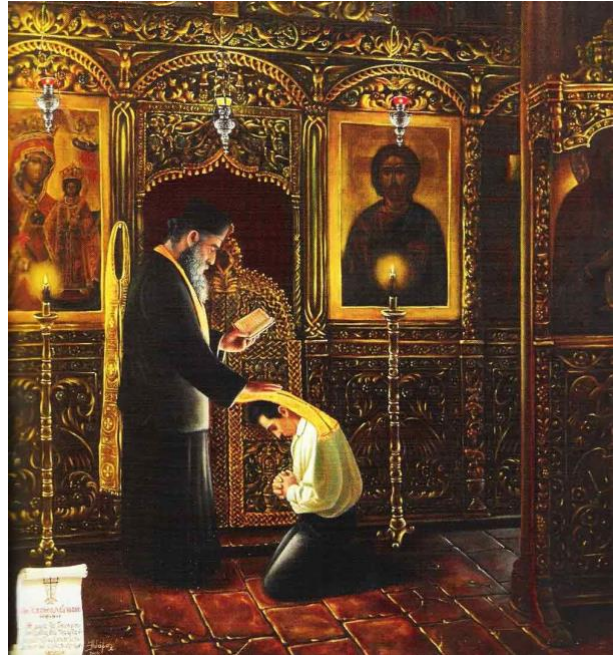


unless it is accepted by the family and by the sick person. At first, the specific treatment recommended by the doctors is absolutely necessary. I talked to Christian doctors and they told me that when the brain is sick, or when there was physical or emotional trauma affecting the brain, this affects or destroys those chemicals that censor our perceptions and our emotions, those chemicals whose task it is to allow into our conscience only what we can bear. This mechanism censors the thoughts that are bad for us, and in this

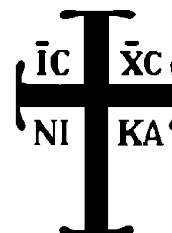
way it also stops the evil spirits from entering our mind. The brain doesn't know if it's a devil or not. It doesn't know, it is just composed of cells that say "this will hurt my master, I won't let it come in." This, said a French doctor, is part of the "garment of skin" which protects man after it got cast out from Heaven. God, when He made this "garment of skin", this

biological body of ours, also made this barrier, because man did not have the strength anymore to fight with the Devil, because he didn't have the Holy Spirit, he didn't have the grace. Then God put this barrier in man's body, in his being, in his chemistry. In moments of shock, this barrier is destroyed and evil thoughts, evil voices, which are the devils that we cannot defend against, enter into our minds. They don't have power over us, but we don't know this and we become afraid and we hurt ourselves by believing them. Then this medication that the human brain invented, with God's grace, to deal with this suffering, replaces the

chemicals which the body usually produces itself, and man is freed from his nightmare. Then we need to go to Church, to Holy Unction – anybody needs to go who believes, who has a bit of honesty towards their own person and believes that Holy Unction is a healing Mystery which heals all the diseases of those who believe. Even if a person is diagnosed with schizophrenia, for example, and to everybody else that person looks a bit strange, that person is still healthy and can still enjoy life and even become a saint. People say that if you are not a bit strange then you are not a Christian, right? So, courage! And trust in doctors too, especially if they belong to the Church. But let's not forget that only God heals in his Holy Church.



Schimonahia Siluana Vlad (May 28, 1944 – June 8, 2021) was the coordinator of the Training and Counseling Center “The Holy Archangels Michael and Gabriel” and the abbess of the Monastery “Saint Silouan the Athonite” in Iasi. Before she chose God’s way she was an atheist and a Philosophy Professor in one of Romania’s University. She was also the subject of Romanian KGB persecution. Mother Siluana Vlad passed to the Lord this year, 40 days after Pascha, shortly after she turned 77. She was an important figure in the Church. She will also remain in our memory through the numerous conferences and lectures given on important issues.



On Serpents and Doves
Orthodoxy, Covid-19 and Lockdown
Fr. John Downie

[Please see the church's homepage for the full article.](#)

...I have been horrified to see how truth has been openly twisted. Whole books have been written by prominent scientists and journalists elaborating in unequivocal detail the mountains of lies that have been foisted on an un-expecting and well intentioned public and medical industry.

Let me, without detail, remind you of some of the other lies we have been told.

1. Coronavirus was a novel disease (coronaviruses have been around for decades and viruses mutate, that's what they do. Even though this one seems to have been tweaked in a lab at Wuhan it is still mostly a coronavirus.)

2. The virus was from a bat and not a gain of function experiment. (For a year the legacy media called anyone who dared to think that this might have come from a gain of function lab was a conspiracy theorist! Now it turns out that even the legacy media and Fauci admit it is possible and even likely... all with no apology for suppressing the voices that could have informed us earlier).

3. The lockdown will only last two weeks till the curve is flattened. The lockdown lasted over a year even though the curve was flattened in the first two weeks.

4. Masks prevent the spread of Coronavirus. Masks DO NOT prevent any spread of aerosol respiratory viruses. "In our systematic review, we identified

10 RCTs that reported estimates of the effectiveness of face masks in reducing laboratory-confirmed influenza virus infections in the community from literature published during 1946–July 27, 2018. In pooled analysis, we found no significant reduction in influenza transmission with the use of face masks.") The aerosol particles are far smaller than the holes in masks, even the N95 masks are not particularly effective. This is text book knowledge – no self-respecting virologist was unaware of this!

5. Lockdowns prevent spread of Coronavirus. Lockdowns DO NOT prevent the spread of Coronavirus.

6. PCR tests work and are effective at determining if you have Covid-19 (for proof see above footnotes from this article in the corresponding section).

7. There were many asymptomatic spreaders – therefore lockdown was the only safe measure (for proof see footnotes from this article in the corresponding section).

6. Millions just in the USA and UK would die from Covid-19 in the first year. Millions did not die in the USA alone in the first year. This was a terribly over the top estimate that terrified our nation.

7. The virus lives for a long time on surfaces. The virus DOES NOT live a long time on surfaces. (Hence you weren't supposed to venerate Icons). Let the CDC's late conclusion convince you, "Quantitative microbial risk assessment (QMRA) studies have been conducted to

"Broad is the way that leads to destruction, narrow is the way that leads to life."

understand and characterize the relative risk of SARS-CoV-2 fomite transmission and evaluate the need for and effectiveness of prevention measures to reduce risk. Findings of these studies suggest that the risk of SARS-CoV-2 infection via the fomite transmission route is low, and generally less than 1 in 10,000, which means that each contact with a contaminated surface has less than a 1 in 10,000 chance of causing an infection.”

8. Hydroxychloroquine & Zinc were dangerous and ineffective (see above concerning Lancet and New England of Journal retracting fraudulent articles.)

9. Ivermectine was not effective; actually ivermectine is amazingly effective as a prophylaxis!

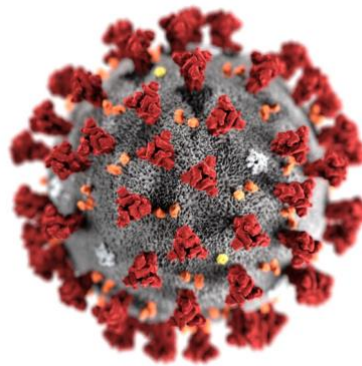
10. Intubation was the only choice for those in ICU.

11. Hospitals full in New York (remember the Naval ships that sat empty!)

12. People don't have cross immunity to Covid-19 obtained from prior exposure to coronavirus strains other than Covid 19. Actually, even typical low level college professors are aware that similar viruses can cause cross immunity! But there are verified studies on covid proving that it is so.

13. China did not know about the outbreak – China and even Fauci knew about the outbreak – proven by Fauci's own email.

14. The death toll! The death toll was greatly exaggerated (only 5% of Covid deaths were due to Covid alone – on



average there were 4 comorbidities connected with Covid death) “For over 5% of these deaths, COVID-19 was the only cause mentioned on the death certificate. For deaths with conditions or causes in addition to COVID-19, on average, there were 4.0 additional conditions or causes per death”.

15. Fauci had no ties to the Wuhan lab and did not benefit financially from Covid Vaccines (both are lies).

16. Perhaps the most horrific lies of them all are ones such as: “because of the existential threat that Covid-19 presents to public safety, free speech opposing ‘Scientific consensus’ [i.e. the party line or narrative] should be curtailed.”

17. The Lockdown was constitutional. There are many lawyers and even presiding judges of entire states that have decided in court that the lockdown WAS NOT constitutional. A court in Portugal even ruled that PCR tests were not conclusive enough to legitimize a lockdown, and that the lockdown there was unconstitutional...

18. One year ago people were banned from facebook, twitter etc. and President Trump attacked for suggesting that Covid might have come from a lab. Now, it is admitted as a likely possibility.

Here is a list of the most qualified practicing, classically trained medical doctors or vaccine creating professionals whose opinions are opposed to the current main stream narrative. Broad is the way that leads to destruction, narrow is the way that leads to life. Some have been

censured and deleted from multiple media platforms because of their purely scientific opinion. They have been slandered and many attempts have been made to discredit them, even though before their opinions on Covid-19 were made public they were all highly regarded by main-stream medicine and science; all leaders and tops in their fields. Now, to research them you must look past Wikipedia to discover their real bios.

Dr. Robert Malone – M.D., M.S., discovered RNA transfection and, while he was at the Salk Institute in San Diego in 1988, invented mRNA vaccines. His research was continued the next year at Vical, and between 1988 and 1989, Malone wrote the patent disclosures for mRNA vaccines. I witnessed his wikipedia page change overnight – According to Lifesite News (a catholic pro-life website) his entire twitter account with all his credentials and tens of thousands of followers has been taken down, all for merely expressing his highly professional opinion.

Dr. Francis Boyle - (Harvard) Francis Boyle drafted the US domestic implementing legislation for the Biological Weapons Convention, known as the Biological Weapons Anti-Terrorism Act of 1989, that was approved unanimously by both Houses of the US Congress and signed into law by President George H.W. Bush. Now, of course, listed on wikipedia as conspiracy theorist.



Dr. Professor Michael Levitt, a Nobel Prize-winning structural biology professor at Stanford University, has been disinvited from an upcoming academic conference that he was slated to headline, the scholar announced on Twitter on Sunday.

The reason, according to Levitt, is because he has not toed the party line on COVID settled science, so to speak. Levitt has argued against COVID lockdowns and is a signer of “The Great Barrington Declaration” that warns of “grave concerns about the damaging physical and mental health impacts of the prevailing COVID-19 policies.”

...In closing, let us not give in to fear whether of a virus or of corruption and the evil of mankind. God has overcome all darkness and death – let His light shine on all mankind. All things are in God’s loving hands. All the evil of mankind is

like a handful of sand in the ocean of His love. Be of good cheer He said, for I have overcome the world. We need Him now more than ever before to shine through you! Let the current various political and medical crisis be a wakeup call for us spiritually. Let us engage in our own spiritual health through repentance, confession, prayer and receiving the Eucharist. Now is the time to hear His voice and run to Him, the Shephard of our souls.

[Please see the online version for a full list of doctors.](#)

I Cannot Endure God's Love Anymore!
Cuviosa Galaktica of Iraklio
From Familia Ortodoxa

The pious Galáktia was born on March 5, 1926, in the village of Pómpia near the city of Iraklio, the capital of Crete, receiving the name Galátia at its baptism, which means "White as milk". The family gave her an example of an authentic Christian life, and this was the seed that fell into the good soil of her heart. Her father, Mihail Kananákis, was the village doctor - a true doctor without silver, very sacrificial and sensitive to the suffering of his neighbor, who instilled in his daughter a great love for people. Even before he had children, he took into his house two orphaned brothers, deprived of any help, who would later grow up with his four daughters. Galatia often said of her father, "I was never proud that my father was a village doctor, but that he was a true man and a true Christian." And at that time, the medical profession was especially respected, the doctor being one of the most important members of the community, along with the priest and teacher.

Her maternal grandfather was a priest with a holy life, formed in the hesychastic spirit of the monks from the "Pious Parthenius and Evmenius" Monastery in Kudumá. Enough to mention that the pious Anastasie Kudumianitul were part of this community and Evmenie Saridakis, the disciple of Saint Nichifor the Leper, in order to understand the spiritual heritage that Galatia had. Father Nikolas, her grandfather, was married for only two years, after which, remaining a

widower, he spent 66 years in monastic ascetic life.

Of the four daughters of the famous Dr. Kananákis of Pómpia, the most special one was Galátia, the third in a row: very beautiful, always ready to obey, good manners and a very merciful soul. She never judged anyone, instead she showed kindness and understanding to all.

Friendship with the Archangel Michael

Archangel Michael always showed his kindness to this young woman with an angelic life. Once, while her parents were pressuring her to marry, Galatia, running away and locking herself in the room, took the Archangel's icon in her arms and

earnestly asked him to do something to thwart their plan.

And this time the Archangel's

intervention was immediate. The house shook, the doors slammed against the wall, and a terrible roar drove the suitors away. Her pious father then understood that there was no point in talking to her about marriage, understanding that, the thought of marriage was a real martyrdom for her.

For forty years she cared for Antonia. And it was not at all easy to raise a child with such a disability, which was not yours either, but Galátia considered herself a privileged one, because, together with Antonia, her heart learned to become more and more sensitive. She went through many trials because of the poor child, who was still doing damage in the village or behaving inappropriately with people. At that time Galatia was cursed,

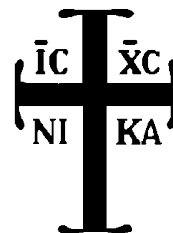
"She considered the time of prayer to be the most important time of the day and the greatest work."

mocked, and many gossips circulated about her because of her niece. Mother Galatia often said, "Only me and God know my cross, He who knows everything." But she showed love to all, she did not remember evil, and no word of displeasure or murmur was ever heard from her mouth.

Along with this heavy cross, she also took care of the work of the heart, through a life of harsh ordeal, with unceasing prayer, innumerable prostrations, the reading of the Scriptures and the Holy Fathers and the fulfillment of the commandments of Christ. She often went to church, arriving early in the morning before the priest came. She confessed regularly, after a thorough search of her conscience, and communed very often with the Most Holy Mysteries. She fasted and spoke very little.

She considered the time of prayer to be the most important time of the day and the greatest work. Through prayer she had reached true communion with others and enjoyed the unwavering and steadfast friendship that only God and the Saints can give you. She had such a strong prayer that sometimes, during the Divine Liturgy, the children in the church saw her shining in the Light, a palm raised from the ground and surrounded by Angelic hosts. About her prayer, the pious Anastasie of the Kudumá Monastery said: "I saw the prayer of Mother Galáktia and I was frightened!". Therefore, whenever they met her, both he and the Pious Nile Aghiofaranghitul bowed before her and kissed her hand, like a true spiritual mother. So did the hierarchs who came to visit her, including Metropolitan Ierótheos of Nafpakta, Metropolitan Seraphim of Piraeus, Metropolitan

Chrysostom of Trifilia and Olympia, Metropolitan Joil of Edessa, and Metropolitan Neophyte of Morphos.



August 2021

Saint Michael's Romanian Orthodox Church
 Southbridge, Massachusetts
www.stmichaelorthodox.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Dormition Fast Begins; Procession of the Holy Cross Matins 8:30am Divine Liturgy 9:30am	2 Divine Liturgy 7:00am	3 Divine Liturgy 7:00am	4 Divine Liturgy 7:00am Paraklesis 6:00pm	5 Divine Liturgy 7:00am Vespers, Litia, Matins – Holy Transfiguration 6:00pm	6 Holy Transfiguration Divine Liturgy 9:00am	7 St. Theodora of Sihla Divine Liturgy 9:00am (Memorial Service following Liturgy 10:00am) Vespers, Litia 5:00pm
8 Matins 8:30am Divine Liturgy 9:30am	9 Divine Liturgy 7:00am	10 Divine Liturgy 7:00am	11 Divine Liturgy 7:00am Paraklesis 6:00pm	12 Divine Liturgy 7:00am	13 Divine Liturgy 7:00am	14 Divine Liturgy 9:00am (Memorial Service following Liturgy 10:00am) Vespers at St. Mary's Albanian Church in Worcester 6:00pm
15 Holy Dormition Matins 8:30am Divine Liturgy 9:30am	16 Holy Brancoveni Divine Liturgy 9:00am	17	18 Paraklesis 6:00pm	19	20	21 Apostle Thaddeus Divine Liturgy 9:00am (Memorial Service following Liturgy 10:00am) Vespers 5:00pm
22 Matins 8:30am Divine Liturgy 9:30am	23	24	25 Paraklesis 6:00pm	26	27	28 Divine Liturgy 9:00am (Memorial Service following Liturgy 10:00am) Vespers, Litia 5:00pm
29 Beheading of St. John the Baptist (Strict Fast) Matins 8:30am Divine Liturgy 9:30am	30	31				