

HOLY ARCHANGHEL MICHAEL'S ORTHODOX CHURCH

"Unchanging faith for a changing world"

St. Paisios Youth Summer Camp 2025 – Important Information Packet

Camp Rules

- All campers are personally responsible and required to be at all scheduled activities, especially morning and evening prayers. The only exception is if there is a written reason signed by the adult counselor assigned to that group.
- There will be no camper out of his or her campsite after curfew. No exceptions. Any camper caught outside of his or her camp site without a very good reason and an adult staff member's knowledge will be assigned a duty or risk expulsion from the camp
- No electronic devices will be allowed for campers –no radios, game machines, televisions, cell phones, iPods, night vision goggles, etc. Cell phones may be kept by the office staff and used with permission only. The only battery operated devices allowed are flashlights and cameras.
- Any other electronics will be collected by the adult leaders, tagged with the owner's name and address and taken to the camp administration office to be locked up. The camp is not responsible for any such device, but an effort will be made to return the device to the parents of the camper.
- There will be no alcohol or illegal items brought to the camp by any camper. Any such items found among the campers will result in the parents being called and the camper sent home. In extreme cases, the proper government authorities will be notified.
- Please insure that the clothing packed is appropriate for a church camp. Campers with inappropriate clothing will need to borrow from other campers or reuse appropriate clothing. There will be no accommodations made for failure to pack proper clothing.

There will be a bag inspection at the beginning of camp. We encourage parents to participate in this

If your camper has any medical or behavioral concerns please note these on the medical forms and discuss them with the counselors.

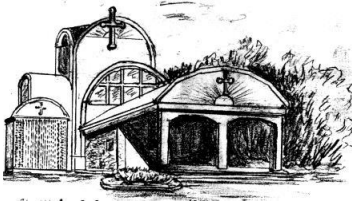
WHAT TO BRING

Label everything that you don't want to lose!!!

- Prayer Book and icon (for personal use or to read communion prayers)
- Sleeping bag, pillow, extra blankets (optional) IT DOES GET COOL AT NIGHT
- Flashlight(s) and extra batteries!
- Toiletries (comb/brush, soap, toothbrush/paste, shampoo, deodorant) insect repellent and sunscreen (optional)
- Towels (for swimming and bathing, washcloths)
- Foot wear: warm heavy socks for night and walking, sneakers, good shoes for hiking, river shoes or shoes that can get wet in the rocky river
- Raingear; coat or poncho
- Jeans or long pants (It gets cold!)

16 Romanian Ave, Southbridge, MA, 01550





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- Nightwear (it can get very cold at night)
- Sweatshirts
- Summer shorts- no short shorts –must be modest
- Girls- no spaghetti strap shirts will be allowed to be worn without a cover up shirt
- Modest swimsuits (boys and girls) Girls should wear carefully chosen modest one piece suits. A t-shirt can be worn on top of a two piece if absolutely necessary
- Shorts are acceptable, we will be doing extensive walking, so loose baggy shorts may result in leg chaffing.
- Proper attire for Sunday Liturgy and chapel services Girls: modest skirts/dresses and head coverings for church services Boys: long pants and appropriate shirts (no inappropriate messages on t-shirts)
- Backpack for hikes, water bottle for personal use (both optional)
- Personal sports equipment (mitts, baseball bats, shin guards, sport shoes)
- The camp has sports balls and large equipment.
- Bring a camera other than cell phone, as cell phones are not permitted.

For young campers it might be helpful to bundle a day's clothing: socks, underclothes, etc. in a rubber band. This eliminates searching for the right item and generally insures clean clothes. Another tip is to use Rubbermaid storage containers (or similar) as "suitcases", these allow for a table and keep clothing dry when rain may blow into tent.

WHAT NOT TO BRING

- Valuables that might get lost, (there is no need for money or extra food supplies, a camp store card can be purchased at time of registration usually \$5 is enough for the entire week)
- Electronic devices –radios, games, televisions
- Illegal substances –alcohol, drugs, tobacco products
- Dangerous objects –knives, hand axes, fireworks etc.
- Negative attitudes!

Any items that are not allowed may be confiscated by the camp security and will not be returned until the close of camp if at all.

If you are unsure about what to bring please email or call Presbyteria/Matushka/Preoteasa Camelia Downie at 351 213 0533 or downie.camelia@yahoo.com

All medications including over the counter should be discussed or left with the nurse upon registration. Prescriptions should come to camp in a labeled bottle with the camper's name and dosage.

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